

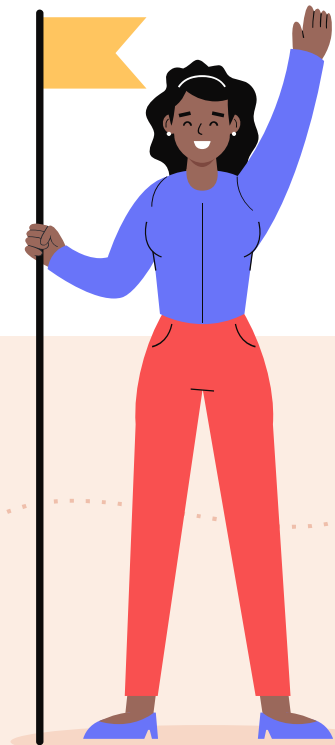


Training Course Leaders without Borders

Oslo 01- 07 October, 2023



Erasmus+





About the Project

This project promotes leadership as a vital skill that can be learned and mastered over time and provides the youth with some leadership skills/tools that they can apply within their everyday life and within teams at their organizations, communities and throughout their professional career.

Objectives of the training

We will address leadership aspects on three levels:

- ❑ Highlight leadership competencies and attitude
- ❑ Break those into a set of knowledge and skills
- ❑ Practice these skills so it will eventually be part of the behavior

We will help the youngsters to manifest leadership actions through their behavior and transform their thinking to CONSCIOUSLY wear the hat of a leader and lead the way for the group.

Create a group of future youth leaders from different cultural backgrounds and youth fields, who will eventually keep in touch with each other to create bigger initiatives/movements in the future.



Target Group

The target group will be youth workers, youth trainers, and young adults primarily of the age* between 25 and 35 years who already have the role of youth worker/coach for youth/kids and are involved in organizing and leading daily/weekly activities at their organizations or communities.

**Exceptions can be made case by case*



Training Topics

Arrival
Sunday
01. Oct



Day1 Monday
Team Building &
Inclusion

Day2 Tuesday
Active
Listening



Day3 Wednesday
Provide
Constructive
Feedback



Day4 Thursday
Problem-Solving



Day5 Friday
Conflict
Management



Departure
Saturday
07. Oct.

Outdoor Activities

- ❑ **Water Life Saving Course***

Participants will be certified. Certification, gear, and instructor expenses will be covered by the hosting organization OKK



- ❑ **Kayak Introduction Course***

Gear, equipment, and instructor expenses will be covered by the hosting organization OKK



- ❑ **Oslo City visit and group dinner**

**Participants should be comfortable being in the water.*



Hosting Organization

Oslo Kajakklubb (OKK) in Norway is a relatively large sports club offering kayaking to about 2300 members. We have a large training center for indoor and outdoor activities located in the Oslo fjord since it was created in 1931.

We provide sports, training and water related activity to children, youth, grownups and elderly people, including disabled people and other groups with needing help to get started with kayaking and outdoor activities.

We offer:

- training and guided tours in kayak
- summer camps for close to 180 children
- summer jobs for approx. 30 young people
- free training and outdoor activities for refugees and people originating from other cultures and countries.

One of our main goals as a club is to offer activities for all people regardless of age, cultural background, economic situation, etc. based on inclusion and diversity. We collaborate with various organizations and the local municipal administrations in Oslo.



Partner Organizations

Spain

Muévete por Europa

Greece

European Initiative for Youth Empowerment, Mindfulness and Wellbeing "GO Alive"

Italy

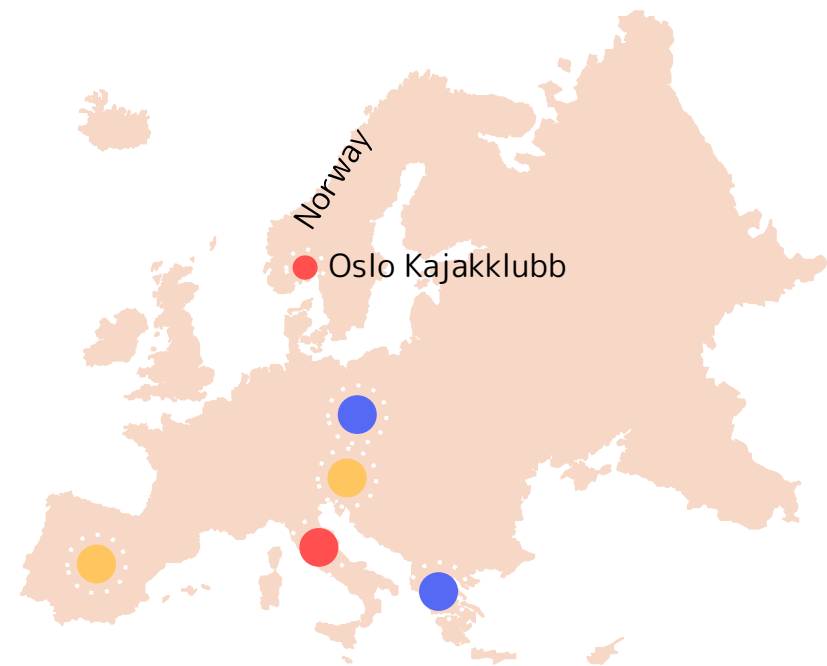
Coconut Italia

Slovenia

Drustvo Medkulturni dialog

Czech

Hnutí Brontosaurus



Accommodation

- ❑ Participants will be hosted at Haraldsheim Youth Hostel in double-bed rooms
- ❑ The workshops will take place at the youth hostel
- ❑ Three meals will be offered daily and snacks during the workshops
- ❑ Dietary needs will be taken into consideration



<https://haraldsheim.no/>

Our team



Eyad

Project Manager &
Trainer



Ingrid

Youth Trainer



Hans

Youth Trainer



Stein

Logistics Manager

Reimbursement

Travel expenses will be reimbursed 100% according to Erasmus Program guidelines.

Spain	360 euro
Italy	360 euro
Greece	360 euro
Slovenia	275 euro
Czech	275 euro

There will be a participation fee of 25 euro that will be deducted from the final reimbursed expenses*.

*for Norwegian participants a payment will be arranged separately.

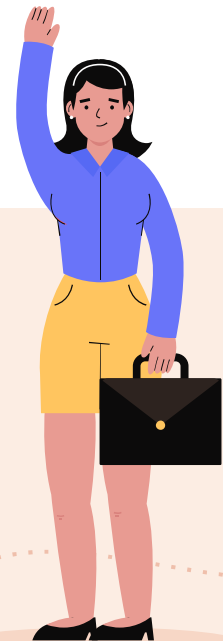


Application

Apply [here](#) or scan QR Code



Deadline: September 5th, 2023



Thank You and see
you in Oslo 😊

